# Health Aspects and Leisure Activities as a part of Urban Planning and Mobility Strategies – Input from Madrid Impacts Conference, Paris, June 2023



### 1) Health Aspects in Urban Planning and Mobility

### 2) Leisure Activities in Urban Planning and Mobility

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ASSUMPTION: HEALTH ASPECTS ARE DIRECTLY RELATED TO AIR QUALITY AND A HEALTHY LIFESTYLE



How we integrate **Health Aspects** in **Mobility Planning** in Madrid?

How we **reduce pollution** in our city?

 Low-Emission Zones
 Electrification of Public Transport (bus fleet)

How we encourage active mobility in our city?
✓ Extensive public bike service
✓ High quality cycling and walking infrastructure

# LOW – EMISSION ZONES





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# LOW-EMISSION ZONES

The Sustainability Municipal Ordinance (09/2023) established the regulatory framework for the whole city to become a **Low Emission Zone (LEZ)** 

- From the 1<sup>st</sup> of January 2022: The "A" vehicles registered outside Madrid cannot circulate within the boundaries of the M-30
- From the 1<sup>st</sup> of January 2023: The "A" vehicles registered outside Madrid cannot circulate on the M-30
- From the 1<sup>st</sup> of January 2024: The "A" vehicles registered outside Madrid cannot circulate within the city boundaries.
- ✓ From the 1<sup>st</sup> of January 2025: All "A" vehicles cannot circulate within the city boundaries

#### "A" vehicles are the most pollutant

petrol vehicles registered before 2000 and diesel vehicles registered before 2006



#### Air quality improvement in the city

General status

### Madrid complies for the first time with the Air Quality European Directive

6



Área de Gobierno de Medio Ambiente y Movilidad

## -- clean cities are healthy cities --Evolution of the NO<sub>2</sub> Annual Mean Values (2022 vs 2018)







### HIGH QUALITY CYCLING AND WALKING INFRASTRUCTURE

Source: Diario de Madrid



Castellana Bike Lane

Joaquin Costa Street

The promotion of the bicycle by the city council is reinforced by the Madrid 360 strategy that aims to implement a total of **71 km** of **new bike lanes** and **24,342 parking spots** for shared use with PMV and motorcycles.

#### Some of the biggest projects are

✓ Construction of Castellana bi-directional bike lane (13 km in total, 4.4 km constructed)

✓ Reurbanization of Joaquin Costa Street (due to road safety issues)

✓ Construction of a green promenade (*Paseo Verde del Suroeste*) after moving the highway underground

# HIGH QUALITY CYCLING AND WALKING INFRASTRUCTURE

#### MOBILITY COMPARISON – BIG DATA: <u>MARCH 2022 → MARCH 2023</u>



- The total mobility of the city increases by more than 700,000 trips, reaching around 13 million.
- Trips in personal and professional vehicles are reduced by approximately 160,000
- Public transport trips increase by 479,000
- Increases pedestrian mobility in more than 450,000 journeys

#### MOBILITY COMPARISON – BIG DATA: <u>MARCH 2022 → MARCH 2023</u>



- Change in mobility habits: trips in sustainable mobility (public transport and active mobility): they turn from 51% to 55%.
- Vehicle trips are reduced from 49% to 45%.

#### COMPARATIVA MOVILIDAD UTILIZANDO BIG DATA: MARZO 2022 – MARZO 2023

#### **RESUMEN COMPARATIVA**

- The general mobility of the city increases, reaching around 13 million trips.
- Trips in private and professional vehicles are reduced.
- The use of public transport increases both in total number and in percentage.
- Movements on foot within the municipality increase in number and percentage.
- The change in habits in the general mobility of the city is confirmed. Displacements in sustainable modes (public transport and active mobility) account for 55% of the total.
- The greatest change in the behavior of mobility habits, changing the use of the vehicle above all public transport, is located in the outer crown of Calle 30 in the city.
- This very significant change in modal transfer in the outer crown of Calle 30 of the city from the vehicle to public transport occurs both in trips within the city (6%) and in trips outside the municipality (5%).



## 1) Health Aspects in Urban Planning and Mobility

### 2) Leisure Activities in Urban Planning and Mobility

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ASSUMPTION: LEISURE ACTIVITIES ARE DIRECTLY RELATED TO VIBRANT AND ACCESSIBLE PUBLIC SPACES



How we integrate Leisure Activites in Mobility Planning in Madrid?

How we create a vibrant atmosphere in our city?

Integration of Entertainment Hubs

Pedestrianisation

How we **promote accessibility** in our city?

# INTERMODAL MICROMOBILITY HUBS



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One of the most singled out measures included in the Madrid 360 strategy has been the development of **pedestrian only areas** in streets and plazas of **all 21 districts** 

> ✓ A total of 170,000 m<sup>2</sup> of pedestrian areas

 ✓ Pedestrianisation of the city center (*Puerta del Sol*) extending over an area of 16,751 m<sup>2</sup> where people come together, attracted by shops, restaurants and other entertainment options

# PEDESTRIANISATION





# INTEGRATION OF ENTERTAINMENT HUBS



# INTEGRATION OF ENTERTAINMENT HUBS



### THE FUTURE SANTIAGO BERNABEU STADIUM NEIGHBOURHOOD

The Bernabeu Stadium project -new city icon- will improve significantly the **quality of life** of the neighbourhood's residents making it more **accessible**, **inclusive and livable**.

- Reduction of noise and light contamination produced by the stadium contaminating the environment
- Reduction of street lanes and traffic speed to pacify motorized vehicle movement and enhance road safety for pedestrians
- Creation of accessible, green, vibrant public spaces that inspire the livability of the neighbourhood





In 2019 the Real Madrid Football Club started the renovation of its stadium **Santiago Bernabeu** to convert into a **major event location**. The challenge this project enhances for mobility is the immense **visitor flow in peak periods**.

#### Improve accessibility:

- ✓ by Metro: Metro model 4.0 to accommodate higher capacities of visitor flow and incorporate a new exit leading directly to the entrance of the stadium
- ✓ by bike: Castellana bike lane connecting the stadium to Madrid's train station in the north (1.5 km) and south (5 km) to foster active mobility
- ✓ by foot: 15,000 m<sup>2</sup> of pedestrian area surrounding the stadium, 6,000 m<sup>2</sup> of green urban area (*parque Sagrados Corazones*)

# INTEGRATION OF ENTERTAINMENT HUBS

+ 25.000 m2 INCREMENTO DE ESPACIOS PÚBLICOS more than 25,000 square meters of increase in public spaces Remodelación Estado anterior 40.100 m2 aprox. 14.500 m2 aprox.













